

BOOST YOUR 2024 BENEFITS

INTRODUCING MYHR | PRESCRIPTION DRUG COVERAGE | TUITION REIMBURSEMENT PROGRAM
ACADIA CARES FUND | VOLUNTARY BENEFITS: 101 | DISCOUNTS FOR DAYS

HELPFUL BENEFITS RESOURCE

CALL MYHR FOR BENEFITS QUESTIONS

MyHR is your year-round resource for benefits assistance including, but not limited to, 401(k), leave of absence, EAP, employment verification and other related questions. Call **844.866.1475** (Option 1) for support Monday through Friday from 8 a.m. to 8 p.m. EST.

VIEW BENEFITS INFORMATION

Visit www.myacadiabenefits.com to explore benefits materials, helpful resources, carrier contact information and more! The benefits website will reflect 2024 information after January 1, 2024, and is available on your phone, tablet or desktop.

GET TIMELY BENEFITS REMINDERS ON YOUR PHONE

Text "MyAcadia" to 888111 for benefits news and information on-the-go. By participating, you will receive occasional text messages to keep you informed about benefits throughout the year. Message and data rates apply. Reply STOP to opt-out at any time. Text responses are not monitored.



TEXT "JOIN" TO 69717 FOR A LINK TO THE EXPRESS SCRIPTS REGISTRATION PAGE.

EXPRESS SCRIPTS – NEW FOR PRESCRIPTION DRUGS

If you enrolled in a BlueCross BlueShield of TN medical plan, you will automatically be eligible for prescription drug coverage. In 2024, prescription drug coverage will be offered through a new, leading prescription drug vendor: Express Scripts (ESI). You will receive a welcome packet and new pharmacy ID card in the mail; ESI representatives will reach out to assist those employees whose applicable prescriptions may be impacted by this transition.

With Express Scripts, you can receive a 90-day supply of maintenance medications, conveniently delivered right to your door with free, standard shipping! Never run out of your medications again – download their **mobile app** for easy access to a virtual ID card, automatic refills, order tracking, payment processing and more.

You can also visit the **Express Scripts website** to access the same features as the mobile app. To register, have your member ID number or SSN handy and visit express-scripts.com. From there:

- + Click **Register**
- + Enter your email and create a password
- + Link your prescriptions using the last 4-digits of your SSN, member ID or Rx number
- + Click **Get Started** and set your communication preferences under **Account**

If your prescription is new, request a 90-day prescription from your doctor or contact Express Scripts and they will reach out on your behalf. You can also print a form under **Forms > Benefits** on the website and follow the mailing instructions to submit.

Note: please allow 10-14 days for your first prescription order to be shipped.

If you have an existing prescription and would like to transfer from retail to home delivery, visit express-scripts.com and log in to your account. From there, click **Add to Cart** on your eligible prescriptions and check out. Express Scripts will follow up with your provider and handle the rest! Visit **Order Status** online or via the mobile app to track your orders after they are placed.

TUITION REIMBURSEMENT PROGRAM

Acadia has partnered with *EdAssist* by *Bright Horizons* to bring our employees a tuition reimbursement program that supports them and increases their knowledge and skills to best serve our patients.

As part of our new tuition reimbursement program powered by *EdAssist*, eligible employees can apply for reimbursement of up to \$3,000 per benefit year for eligible expenses retroactively applied to qualified courses starting on or after September 1, 2023.

In addition, all employees can take advantage of the program's additional benefits, which include:

- + Low-cost programs
- + Tuition discounts with over 200 accredited schools
- + One-on-one coaching programs
- + Personalized education plans tailored to your work schedule and professional goals
- + Professional resources, including live chats with area experts and webinars on industry trends

ELIGIBILITY

All employees can take advantage of the coaches, discounts and resources, but to apply for tuition reimbursement, employees must:

- + Be active, full-time or part-time benefits-eligible employees (at least 30 hours/week)
- + Be in good standing; not subject to any disciplinary action, including conduct, absence or performance
- + Have a hire date at least 180 days prior to the course start date

GETTING STARTED

Users can log into *EdAssist* by visiting <https://acadia.edassist.com>. Once you log into the site, you will be able to track your active applications and any required actions that you must take. The home page also displays a benefit period calculator tool, as well as your current benefit balance.

Staying committed to your educational and professional focus has never been easier! Schedule a coaching appointment online or browse through a selection of webinars and blogs curated to your industry by selecting the **Coaching & Resources** tab.

ACADIA CARES FUND

The **Acadia Cares Fund** helps employees who are struggling financially due to unforeseen circumstances to get back up on their feet. The Fund is made possible through employee donations and covers a variety of unforeseen life events, such as damage from natural disasters, life threatening illnesses or injuries, death or other applicable extreme life events. Through these generous donations, we can help illuminate the path forward when our colleagues are facing a dark time.



VOLUNTARY BENEFITS: 101

Voluntary Benefits offer your family a cushion when unexpected life situations pose a threat to your financial security – an unexpected diagnosis or a serious accident is not something you can plan. You can, however, rest assured that your voluntary benefits package will help to mitigate these financial hardships by providing accident, critical illness, hospital indemnity and disability insurance.

HOW TO FILE A CLAIM

Filing a claim is as easy as 1-2-3!

1. Visit mybenefits.metlife.com, download the **MetLife mobile app**, or call **866.626.3705** to initiate a claim
2. Answer questions about your claim and upload documentation
3. Visit **MyBenefits** or your MetLife mobile app to check claim status and payments

WELLNESS CREDIT

The Health Screening benefit puts money straight into your pocket by offering a \$50 wellness credit as an incentive for completing important health screenings. With over 40 different health screenings that offer the credit in exchange, whenever you complete one of these routine screenings, you will be rewarded for making healthy life choices! The \$50 wellness credit is offered **once per calendar year** and can be used directly towards your voluntary benefits.

SAVE WITH PERKSPOT DISCOUNTS

Do you like saving money on everyday items? This program can help you do just that! Visit the **PerkSpot website** to browse the latest deals. Acadia provides the PerkSpot program at no cost to you, and it offers you discounts on thousands of products and services, such as:

- + Travel
- + Apparel
- + Electronics
- + Dining
- + Gym memberships
- + ...and much more!

Savings are just a click away! Download the **Chrome Web Extension** to see notifications on deals wherever you shop online. Simply download the extension in the Chrome web store, and if there is a deal on an item in your cart, you'll receive a pop-up notification on the top right corner of your browser.

